



# Plus Fitness Campbelltown Class Timetable

**UNLIMITED X-CELL CLASSES**  
Only \$2 extra per week!

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MORNING</b>							
6:00		X-CELL <b>BOX</b>					
7:00		X-CELL <b>CORE</b>					
8:00						X-CELL <b>STRONG</b>	
9:00						X-CELL <b>H.I.I.T</b>	
10:00							
<b>AFTERNOON/EVENING</b>							
4:00							
5:00							
5:30							
6:00	X-CELL <b>H.I.I.T</b>		X-CELL <b>SHRED</b>				
6:30							
7:00	X-CELL <b>L.A.B</b>		X-CELL <b>BOX</b>				

## Please Remember:

- Classes Access Card must be presented to the instructor prior to every class.
- X-CELL: We recommend bookings to avoid disappointment as spaces are limited and booked attendees will be given priority.
- Bookings are available via our website or through the Plus Fitness App available free via the App store or Google Play.
- Access, services, times and conditions may vary and change upon location. Check with your local club prior to joining.

\*Additional charges may apply for some class formats. (Master Classes)